

# North Country Region Boy's Volleyball Club Overview: 2017 Season

## *Philosophy*

The goal of North Country Region Boy's Volleyball Club (NCRBVC) is to offer the opportunity for boys to play and enjoy the game of volleyball in a safe, fun, and educational environment. There are no tryouts, once registered the participant is placed on a team. NCRBVC promotes maximal athlete participation and "ball touches" as we feel this is the best way for athletes to master volleyball skills and promote team play. Participating in competitive matches against each other is also the best way to learn and enjoy the game.

## **Elementary/Jr High In-House Cost: \$150**

### Program Scope

The In-House Program is open to boys in elementary school, middle school, or junior high school. Teams are grouped according to age/grade, skill, and position. The first phase of the season involves practice sessions of developing the basic building block skills of volleyball such as passing, setting, serving, and working towards a pass, set, hit. The season will conclude with an end of the year tournament where participants get the opportunity to apply their skills to a game like situation.

### Player Commitment

The commitment level is intended to be student-friendly and multi-sport friendly. The program is a 2 month program starting in March and ending in April. Practices are once a week on Sundays for 2 hours. Practices are held at Bloomington Jefferson Activity Center and Bloomington Kennedy Activity Center in Bloomington, MN.

## **Senior High In-House Cost: \$300**

### Program Scope

The Senior High In-House Program is open to boys in grades 7-12. Teams are grouped according to age/grade, skill, and position. All practices will be on Sundays from January-April and the team will compete in 4 local NCR Boys Tournaments on weekends. Individuals are taught skills to prepare them to be competitive with local clubs.

### Player Commitment

The commitment level is intended to be student-friendly and multi-sport friendly. The program is a 4 month program starting in January and ending in April. Practices are once a week on Sundays for 2 hours. Practices are held at Bloomington Jefferson Activity Center and Bloomington Kennedy Activity Center in Bloomington, MN.

## **Travel Program Cost: \$690**

### Program Scope

The Traveling Program is open to boys in grades 5-12. Practices and possible scrimmages will prepare teams to compete at competitive local NCR Tournaments and 2 out of state tournaments. This program is geared for boys that want an enhanced season that will allow them to be competitive on the national level. Boys in this program are HIGHLY encouraged to register for the Extended Season to compete at the USAV Jr Boy's National Tournament in Columbus, Ohio at the conclusion of the regular season.

### Player Commitment

The commitment level is intended for boys who can commit to 2 practices a week in a 4 month season. Practices are held at Bloomington Kennedy Activity Center and Bloomington Jefferson Activity Center. Athletes are required to sign a letter of commitment to the club.

### **Contact**

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