

Volleyball for Life™ Newsletter

Dear Member:

This newsletter is an informational publication that is sent out approximately ten times per year. It is sent to all registered members (18 years and older) with a valid e-mail address. More detailed information can be found at

www.ncrusav.org.

IMPORTANT NEWS

1. Good luck to all the teams in their respective state tournaments!
2. [Commitment Letter](#) can be viewed prior to tryouts. Please read carefully as many programs are using this document. Questions, call Ken ext. 2.
3. New rules for 2011-12 season go [here](#).
4. North Country Region members receive [discounted tickets](#) to University of Minnesota Gopher volleyball.
5. Congratulations to Lauren Gibbemeyer (St Paul) who was selected as the Women's Pan American Best Blocker on final day of competition.
6. Junior girls [event sanction forms](#) are posted.
7. [Tryout information](#) is posted.
8. [Junior Event Schedule](#) is posted.
9. If you would like your tryout information posted, please contact Ken (ext 2 or ken@ncrusav.org).
10. MN National Girls and Women Sports Day Breaking Barrier nomination deadline is December 2nd. See website for [nomination form](#).
11. [Rulebooks will be printed every two years](#). 2011-12 Season will have NEW rulebooks.
12. Uniform information: Uniforms numbered 1-99 centered on front (4") on back (6") on back. Highly recommended (6") on front and (8") on back.
13. Background Screenings: Any adult involved with a junior team must have a background screen and be a member (of North Country Region.) The screen is good for two seasons. If your name is NOT on [the list](#) you will need to be screened for the 2011-12 season.

Like North Country Region Volleyball, BECOME A FAN



North Country Region
represents Minnesota,
North Dakota, South
Dakota and the upper
peninsula of Michigan.

Volume 7, Issue 3

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**CHANGE: "To the
optimist, every new
season is an invitation
for success."
Anonymous**

**Office Hours
Mon—Fri 8 AM-4 PM
www.ncrusav.org
800-657-6967 or
952-831-9150**

**SPORTS
AUTHORITY**

ADULTS-We offer all age divisions and skill levels!

Contact: Jennifer@ncrusav.org or ext. 4.

UPCOMING EVENTS

Friday, Nov 4-Coed 3's-M1 Volleyball Center

Friday, Nov 18-R4's-M1 Volleyball Center

Saturday, Nov 19-Men's and Women's 6's-St Croix Lutheran HS

- Check out our NEW [Adult Points Award Scoring System \(PASS\)](#)
- **For more information go to www.ncrusav.org/adults**
- Reminder: NCR can sanction your Adult Tournament so it appears on the NCR Adult Tournament schedule. Once the event is sanctioned, the event will have general liability insurance.
- The [2011-12 Tournament Schedule](#) has been posted! Many great events and simple and inexpensive to participate.
- 2012 USA Volleyball Adult Nationals will be held in Salt Lake City, Utah

JUNIOR BOYS-Ages 18 and under

Contact: Jennifer@ncrusav.org or ext. 4.

Divisions:

- Elementary: 5th grade and under
- Middle School: 6th—8th grade
- Senior High: 9th—12th grade
- 2011-12 [Indoor Tournament Schedule](#) has been posted. Most boy's events ever offered!
- [Boys' Tryout information](#) has been posted!
- Looking for a club to join? Check out a list of [Club Teams](#). Check back as more will be added!
- New Educational Skills Clinics will be added soon.
- Contact Jennifer if you are interested in becoming involved with the boys program as a coach or player.
- [Boys Grant information](#)
- 2012 USA Volleyball Boys Junior Nationals will be in Dallas, TX.

Award Deadline—May 1st
Founder's Award
Meritorious Service Award

Next Annual Board meeting will be
December 4th at 9:00 AM

STAFF

[Judy Praska](#), Executive Director
ext. 1

[Ken Miller](#), Assoc Exec Dir/Jr Coord
ext. 2

[Sue Murphy](#), Jr Girls Coordinator
ext. 3

[Jennifer Brathol](#),
Adult/Boys/IMPACT/Webmaster
ext. 4

[Cara Lang](#), Officials Coordinator
ext 5

Linzy Merrill, Office Assistant

Sponsors

[Sports Authority](#)-Official Vendor

[Molten](#)-Official ball supplier of NCR

[Northwest Designs](#) -Official Event
Merchandise Sponsor

[Championship Productions](#)—DVD's,
Videos, Books and more

North Country Region is proud to
be a Founding Member of the
[Sports Alliance of Minnesota](#)

Become a fan of
North Country
Region Volleyball



JUNIOR GIRLS -Ages 18 and under

CONTACT: Ken@ncrusav.org or ext.2/Sue@ncrusav.org or ext. 3.

- [Registration information](#) is posted online.
- [Tryout information](#) is posted. If you would like your tryout information posted, please contact Ken (ext 2 or ken@ncrusav.org).
- [Event schedule](#) is posted.
- [Event sanction information](#) is posted.
- Junior [coaches wanted](#)
- 2012 USA Volleyball Girls' Junior National Championships will be in Columbus, OH (June 28-July 7, 2012)
- Uniform information-Uniforms numbered 1-99, centered on front (4") on back (6") highly recommended (6") on front and (8") on back.

IMPACT COACHES CLINIC

Contact: Jennifer@ncrusav.org or ext. 4.

- **All coaches need to be IMPACT certified in order to coach.**
- IMPACT Coaches Clinics will begin in December 2011.
- 2011-12 [IMPACT Coaches Clinic schedule](#) is posted.
- If you are interested in hosting an IMPACT Coaches Clinic, please complete the [request form](#).
- You only need to attend **one** IMPACT Coaches clinic during the duration of your JO coaching career. However, you may attend additional clinics at no cost.
- Check out your [IMPACT certification status](#).
- If you have attended an IMPACT Coaches Clinic but do not find your name on the certified list, contact Jennifer.
- Coaches must be IMPACT certified prior to coaching in a Qualifier or USA Volleyball Nationals.

OFFICIALS

Contact: Cara@ncrusav.org or ext. 5.

- Check out the volleyballreftraining.com, which is great resource.
- [Advanced Officials Clinic Schedule](#) is posted. Sign up for a clinic near you!
- **NCR is hiring Officials for the 22nd Annual Presidents' Day Festival on the weekend of February 18-19, 2012. Please contact Cara to sign up.**
- Tournament Directors: Officials are available for hire to assist your tournament. Look for NCR certified Officials near you on our website at the Officials/Current Officials links or contact Cara for assistance!
- **If interested in becoming any of the following— contact Cara:**
 - Junior Officials Clinician
 - Clinician Observer
 - Teach 'N' Trainer
 - NCR Rating Team Member