

# Volleyball for Life™ Newsletter

Dear Member:

This newsletter is an informational publication that is sent out approximately ten times per year. It is sent to all registered members (18 years and older) with a valid e-mail address. More detailed information can be found at [www.ncrusav.org](http://www.ncrusav.org). Happy New Year!

## IMPORTANT NEWS

1. Presidents' Day Festival site information is [posted](#).
2. Recruiting Guide-Players interested in having their information included for the College Coaches attending Presidents' Day Festival should get their information in as soon as possible.
3. New rules for 2011-12 season go [here](#).
4. Junior Official Clinics-All attendees must PRE-REGISTER. You may be turned away IF YOU DO NOT pre-register. Have one person call/email for your club. Please bring your email confirmation to the clinic. If you have not registered for a junior clinic, please contact Cara (ext.5).
5. Tournament Directors: If you are interested in having paid officials for your event, please contact Cara (ext.5).
6. Looking for officials for the 22nd Annual Presidents' Day Festival. Officials are needed Saturday and Sunday. Contact Cara (ext. 5) if interested.
7. Rulebooks will be printed every two years. 2011-12 Season will have NEW rulebooks.
8. Uniform information: Uniforms numbered 1-99 centered on front (4") on back (6") on back. Highly recommended (6") on front and (8") on back.
9. Background Screenings: Any adult involved with a junior team must have a background screen and be a member (of North Country Region.) The screen is good for two seasons. If your name is NOT on [the list](#) you will need to be screened for the 2011-12 season.

Like North Country Region Volleyball, BECOME A FAN



North Country Region  
represents Minnesota,  
North Dakota, South  
Dakota and the upper  
peninsula of Michigan.

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**CHANGE: "To the  
optimist, every new  
season is an invitation  
for success."  
Anonymous**

**Office Hours**  
**Mon—Fri 8 AM-4 PM**  
**[www.ncrusav.org](http://www.ncrusav.org)**  
**800-657-6967 or**  
**952-831-9150**



**SPORTS  
AUTHORITY.**

**ADULTS**-We offer all age divisions and skill levels!| Contact: [Jennifer@ncrusav.org](mailto:Jennifer@ncrusav.org) or ext. 4.**UPCOMING EVENTS**

Friday, Jan 20-R4's-Ralia Sports Center

Friday, Jan 27-HI LO 4's-M1 Volleyball Center

Saturday, Jan 28-Men's and Women's 6's-St Croix Lutheran HS

Friday, Feb 3-Coed 3's-Ralia Sports Center

Friday, Feb 10-R4's-M1 Volleyball Center

- NCR is excited to offer our NEW **Points Award Scoring System (PASS)**. Earn points for participating and additional points for a top finish in an event! Your points will accumulate throughout the 2011-12 Adult Tournament Season (last open tournament date is Friday, April 27th). Point totals will be posted on our website and updated each week. At the conclusion of the Tournament Season, prizes will be awarded to the top 5 point scorers.
- **For more information go to [www.ncrusav.org/adults](http://www.ncrusav.org/adults)**
- Reminder: NCR can sanction your Adult Tournament so it appears on the NCR Adult Tournament schedule. Once the event is sanctioned, the event will have general liability insurance.
- The **2011-12 Tournament Schedule** has been posted! Many great events and simple and inexpensive to participate.
- 2012 USA Volleyball Adult Nationals will be held in Salt Lake City, Utah

**JUNIOR BOYS**-Ages 18 and under| Contact: [Jennifer@ncrusav.org](mailto:Jennifer@ncrusav.org) or ext. 4.

## Divisions:

- Elementary: 5th grade and under
- Middle School: 6th—8th grade
- Senior High: 9th—12th grade
- 2011-12 **Indoor Tournament Schedule** has been posted. Most boy's events ever offered!
- Looking for a club to join? Check out a list of **Club Teams**. Check back as more will be added!
- New Educational Skills Clinics will be added soon.
- Contact Jennifer if you are interested in becoming involved with the boys program as a coach or player.
- **Boys Grant information**
- 2012 USA Volleyball Boys Junior Nationals will be in Dallas, TX.

**Become a fan of  
North Country  
Region Volleyball**



**Award Deadline—May 1st  
Founder's Award  
Meritorious Service Award**

Next Annual Board meeting will be  
June 10th at 9:00 AM

**STAFF**

**Judy Praska**, Executive Director  
ext. 1  
**Ken Miller**, Assoc Exec Dir/Jr Coord  
ext. 2  
**Sue Murphy**, Jr Girls Coordinator  
ext. 3  
**Jennifer Brathol**,  
Adult/Boys/IMPACT/Webmaster  
ext. 4  
**Cara Lang**, Officials Coordinator  
ext 5  
Linzy Merrill, Office Assistant  
Nicole Olson, NCR Intern

**Sponsors**

**Sports Authority**-Official Vendor  
**Molten**-Official ball supplier of NCR

**Northwest Designs** -Official Event  
Merchandise Sponsor

**Minneapolis Northwest Convention  
and Visitors Bureau**

**Championship Productions**—DVD's,  
Videos, Books and more

North Country Region is proud to  
be a Founding Member of the  
**Sports Alliance of Minnesota**



Hidden Beach Indoor Beach VB  
presents, North Beach Junior  
Beach volleyball. Tryouts April  
21st and 22nd.

## JUNIOR GIRLS -Ages 18 and under

CONTACT: [Ken@ncrusav.org](mailto:Ken@ncrusav.org) or ext.2/[Sue@ncrusav.org](mailto:Sue@ncrusav.org) or ext. 3.

- Presidents' Day Festival site information is [posted](#).
- Recruiting Guide-Players interested in having their information included for College Coaches attending Presidents' Day Festival should get their information in as soon as possible.
- Junior Official Clinics-All attendees must PRE-REGISTER. You may be turned away IF YOU DO NOT pre-register. Have one person call/email for your club. Please bring your email confirmation to the clinic. If you have not registered for a junior clinic, please contact Cara (ext.5).
- If your team/club would like to host a Junior Officials Clinic, please complete the Host a [clinic form](#).
- How to find a [team/club](#).
- [Event sanction](#) information is posted.
- [Junior coaches](#) wanted
- [Teams](#) looking for players
- Uniform information-Uniforms numbered 1-99, centered on front (4") on back (6") highly recommended (6") on front and (8") on back.
- 2012 USA Volleyball Girls' Junior National Championships will be in Columbus, OH (June 28-July 7, 2012)

## IMPACT COACHES CLINIC

Contact: [Jennifer@ncrusav.org](mailto:Jennifer@ncrusav.org) or ext. 4.

- All coaches need to be IMPACT certified in order to coach.
- Current IMPACT Coaches Clinic [schedule](#)
- If you are interested in hosting an IMPACT Coaches Clinic, please complete the [request form](#).
- You only need to attend **one** IMPACT Coaches clinic during the duration of your Junior coaching career. However, you may attend additional clinics at no cost.
- Check out your [IMPACT certification status](#).
- If you have attended an IMPACT Coaches Clinic but do not find your name on the certified list, contact Jennifer.
- Coaches must be IMPACT certified prior to coaching in a Qualifier or USA Volleyball Nationals.

## OFFICIALS

Contact: [Cara@ncrusav.org](mailto:Cara@ncrusav.org) or ext. 5.

- Here is a great website [volleyballreftraining.com](http://volleyballreftraining.com) for officiating information.
- Advanced Officials Clinic (Yearly training for all officials) [Schedule](#) is posted. Sign up for a clinic near you!
- **NCR is hiring Officials for the 22nd Annual Presidents' Day Festival on the weekend of February 18-19, 2012. Please contact Cara to sign up.**
- Tournament Directors: Officials are available for hire to assist your tournament. Look for NCR certified Officials near you on our website at the Officials/Current Officials links or contact Cara for assistance!
- **Interested in getting involved with Officials contact Cara for a list of available opportunities.**